

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenland Annelies

Coaches: Van Landschoot Gwendy

Coaches: Bartholomeus Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/4 Lane : 2 Athlete: BARTHOLOMEUS MARTHE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:1, starttime: 14:00	
Heat: 1/4 Lane : 4 Athlete: GERMONPRé FELICE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 1: 200M BREASTSTROKE MIXED 10-9							Heat:3, starttime: 14:10	
Heat: 3/4 Lane : 2 Athlete: DEHAENE RACHELLE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 14:30
Heat: 5/10 Lane : 2 Athlete: WILS ESTELLE					Q-time: 01:41:27
PB (25m pool): 01:41.27 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:41.27 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.18		01:41.27	
	00:48.18		00:53.09		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:8, starttime: 14:40
Heat: 8/10 Lane : 6 Athlete: GERMONPRé CÉZANNE					Q-time: 01:30:28
PB (25m pool): 01:30.28 Diksmuide 28/12/2025			PB (50m pool): 01:32.96 SB: 01:30.28 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.85		01:30.28	
	00:43.85		00:46.43		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 14:40
Heat: 9/10 Lane : 1 Athlete: VERHAEGHE LARA					Q-time: 01:28:20
PB (25m pool): 01:28.20 Diksmuide 09/03/2025			PB (50m pool): 01:34.57 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.79		01:28.20	
	00:41.79		00:46.41		
	

Coach feedback:

Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:9, starttime: 14:40
Heat: 9/10 Lane : 5 Athlete: LOWAGIE LOLA					Q-time: 01:26:79
PB (25m pool): 01:26.79 Temse 17/11/2025			PB (50m pool): 01:29.19 SB: 01:26.79 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.41		01:26.79	
	00:41.41		00:45.38		
	

Coach feedback:

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Event number: 2: 100M BREASTSTROKE WOMEN 11+					Heat:10, starttime: 14:40
Heat: 10/10 Lane : 1 Athlete: LOWAGIE LILY					Q-time: 01:24:19
PB (25m pool): 01:24.19 Temse 17/11/2025					PB (50m pool): 01:27.51 SB: 01:24.19 Temse 17/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.71		01:24.19	
	00:40.71		00:43.48		
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:1, starttime: 14:45
Heat: 1/10 Lane : 5 Athlete: DEVOS BAS					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 14:50
Heat: 3/10 Lane : 7 Athlete: GOETHALS LOWIE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 3: 100M BREASTSTROKE MEN 11+					Heat:10, starttime: 15:05
Heat: 10/10 Lane : 1 Athlete: GERMONPRé ACHIEL					Q-time: 01:19:41
PB (25m pool): 01:19.41 Menen 01/05/2025					PB (50m pool): 01:21.79 SB: 01:22.47 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.67		01:19.41	
	00:36.67		00:42.74		
	

Coach feedback:

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Event number: 4: 100M MEDLEY WOMEN 11+					Heat:2, starttime: 15:10
Heat: 2/10 Lane : 8 Athlete: NEYRINCK ELODY					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 15:15
Heat: 4/10 Lane : 4 Athlete: JANSSEUNE LENA					Q-time: 01:37:50
PB (25m pool): 01:37.50 WAREGEM 27/09/2025 PB (50m pool): no time SB: 01:37.50 WAREGEM 27/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:37.50	
	no time				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:5, starttime: 15:20
Heat: 5/10 Lane : 2 Athlete: WILS ESTELLE					Q-time: 01:33:79
PB (25m pool): 01:33.79 Diksmuide 28/12/2025 PB (50m pool): no time SB: 01:33.79 Diksmuide 28/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.38		01:33.79	
	00:46.38 00:47.41				
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:20
Heat: 7/10 Lane : 3 Athlete: LOWAGIE LOLA					Q-time: 01:21:56
PB (25m pool): 01:21.56 WAREGEM 27/09/2025 PB (50m pool): no time SB: 01:21.56 WAREGEM 27/09/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:21.56	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:7, starttime: 15:20
Heat: 7/10 Lane : 5 Athlete: GERMONPRé CÉZANNE				Q-time: 01:20:91	
PB (25m pool): 01:20.91 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:20.91 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.58		01:20.91	
	00:38.58		00:42.33		
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:25
Heat: 8/10 Lane : 1 Athlete: BARTHOLOMEUS FLORIANNE				Q-time: 01:19:21	
PB (25m pool): 01:19.21 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:19.21 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.76		01:19.21	
	00:37.76		00:41.45		
	

Coach feedback:

Event number: 4: 100M MEDLEY WOMEN 11+					Heat:8, starttime: 15:25
Heat: 8/10 Lane : 2 Athlete: LOWAGIE LILY				Q-time: 01:17:83	
PB (25m pool): 01:17.83 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:17.83 Diksmuide 28/12/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.67		01:17.83	
	00:38.67		00:39.16		
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:3, starttime: 15:35
Heat: 3/11 Lane : 8 Athlete: DEVOS BAS				Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 5: 100M MEDLEY MEN 11+					Heat:8, starttime: 15:45
Heat: 8/11 Lane : 3 Athlete: THIEREN KASPER					Q-time: 01:20:67
PB (25m pool): 01:20.67 Diksmuide 28/12/2025					PB (50m pool): no time SB: 01:20.67 Diksmuide 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.96		01:20.67	
	00:36.96		00:43.71		
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:8, starttime: 15:45
Heat: 8/11 Lane : 8 Athlete: VANDOOREN LOU					Q-time: 01:24:40
PB (25m pool): 01:24.40 Meulebeke 06/04/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:24.40	
	no time				
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:9, starttime: 15:45
Heat: 9/11 Lane : 8 Athlete: GARMYN LEON					Q-time: 01:16:34
PB (25m pool): 01:16.34 Diksmuide 28/12/2025					PB (50m pool): no time SB: 01:16.34 Diksmuide 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.04		01:16.34	
	00:35.04		00:41.30		
	

Coach feedback:

Event number: 5: 100M MEDLEY MEN 11+					Heat:10, starttime: 15:50
Heat: 10/11 Lane : 6 Athlete: NEYRINCK LOÏCK					Q-time: 01:11:11
PB (25m pool): 01:11.11 Diksmuide 28/12/2025					PB (50m pool): no time SB: 01:11.11 Diksmuide 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.40		01:11.11	
	00:33.40		00:37.71		
	

Coach feedback:

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Event number: 5: 100M MEDLEY MEN 11+					Heat:10, starttime: 15:50
Heat: 10/11 Lane : 8 Athlete: GERMONPRé ACHIEL					Q-time: 01:12:33
PB (25m pool): 01:12.33 Diksmuide 28/12/2025					PB (50m pool): no time SB: 01:12.33 Diksmuide 28/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.98		01:12.33	
	00:34.98		00:37.35		
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:1, starttime: 15:55
Heat: 1/4 Lane : 5 Athlete: DEHAENE RACHELLE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:55
Heat: 2/4 Lane : 2 Athlete: GERMONPRé FELICE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

Event number: 6: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:55
Heat: 2/4 Lane : 4 Athlete: BARTHOLOMEUS MARTHE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 16:35	
Heat: 4/8 Lane : 2 Athlete: NEYRINCK ELODY							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:40	
Heat: 5/8 Lane : 2 Athlete: JANSSEUNE LENA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/8 Lane : 3 Athlete: BARTHOLOMEUS FLORIANNE							Q-time: 02:53:84	
PB (25m pool): 02:53.84 Diksmuide 12/10/2025			PB (50m pool): no time SB: 02:53.84 Diksmuide 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.18		01:25.53		02:10.84		02:53.84
	00:41.18		00:44.35		00:45.31		00:43.00	

Coach feedback:

Event number: 7: 200M BACKSTROKE WOMEN 11+							Heat:8, starttime: 16:55	
Heat: 8/8 Lane : 1 Athlete: VERHAEGHE LARA							Q-time: 02:42:01	
PB (25m pool): 02:42.01 Diksmuide 09/03/2025			PB (50m pool): 02:46.13SB: 02:47.53 Diksmuide 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.65		01:19.58		02:01.44		02:42.01
	00:38.65		00:40.93		00:41.86		00:40.57	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:1, starttime: 16:55	
Heat: 1/10 Lane : 5 Athlete: GOETHALS LOWIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 17:10	
Heat: 4/10 Lane : 4 Athlete: VANDOOREN LOU							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 17:25	
Heat: 7/10 Lane : 4 Athlete: THIERNEN KASPER							Q-time: 02:58:22	
PB (25m pool): 03:18.99 Diksmuide 10/03/2024			PB (50m pool): 02:58.22SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:18.99
	no time							

Coach feedback:

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 17:30	
Heat: 8/10 Lane : 8 Athlete: GARMYN LEON							Q-time: 02:56:04	
PB (25m pool): 02:56.04 Diksmuide 09/03/2025				PB (50m pool): 03:02.02 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.14		01:24.15		02:10.84		02:56.04
	00:40.14		00:44.01		00:46.69		00:45.20	

Coach feedback:

H. Lecluyse DAG 4: Session: 1: COACH evaluation sheet for TEAM: VZV

Event number: 8: 200M BACKSTROKE MEN 11+							Heat:9, starttime: 17:30	
Heat: 9/10 Lane : 6 Athlete: NEYRINCK LOÏCK							Q-time: 02:42:16	
PB (25m pool): 02:42.16 Diksmuide 12/10/2025								

Coach feedback: